NEW REQUIREMENT: SAVING FOOD PACKAGING

As part of our monitoring visit policy, we are required to ensure all food items listed in your menus are creditable and meet the Child and Adult Care Food Program (CACFP) meal pattern requirements. If you were already visited these past few months, you will have noticed that we ask to see food packaging for food items of the current month. The California Department of Education requires us to review all menu item packaging. The sections we will look at are:

FRONT LABEL

NUTRITION FACTS LABEL

Nutrition Facts

Serving Size 17 Crackers (15g)
Servings Per Container About 20

Amount Per Serving

Calories 70 Calories from Fat 30

	% Daily Value*
Total Fat 3g	**5**%
Saturated Fat 0.5g	**3**%
Trans Fat 0g	
Cholesterol 0mg	**0**%
Sodium 150mg	**6**%
Total Carbohydrate 10g	**3**%
Dietary Fiber 0g	**0**%
Sugars 1g	
Protein less than 1g	

Vitamin A 0% • Vitamin C 0%
Calcium 0% • Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS LIST

Foods that require you to save the packaging:

- **ALL GRAIN /BREAD COMPONENTS (EX: BREAD, RICE, CEREAL, PASTA, CRACKERS, TORTILLAS)**
- **JUICES**
- **YOGURT**
- **TOFU**
- **PROCESSED FOODS**

Please be advised that images downloaded from online will NOT be accepted, we must see your labels. Providers can cut and save the packaging and store them in a folder -OR- can take pictures of the labels, **print** them and store them in a folder.

Newsletters

Please make sure to read our monthly newsletters as we will be updating providers on the processed foods list and educating on the processed foods serving sizes.

Our newsletters are made available in our website

www.evergreencacfp.org