JULY 2025 Newsletter

Evergreen Child Care, Inc.

Child Nutrition Program

CLAIM SUMMARY & ERRORS REPORT

Please ensure to review your Claim Summary & Errors Report after submitting your meal claim to our agency. Your report is ready 2-3 business days after you submit your meal claim. It is important to review it to ensure that you are getting reimbursed for the meals you claimed. Should you have any errors, take action immediately to prevent the same errors in your future claims. If you need assistance with the report, please do not hesitate to contact us, we are here to help.

How to access your Claim Summary and Errors Report

Once you login to your KidKare account, navigate to the side tool bar, click on **Food Pro**gram, followed by **View Claims**. Once you are in View Claims, select the claim month you wish to review and click on **Print Claim Summary**.

INFANT FEEDING (0-11 MONTHS OLD)

Once an infant is developmentally ready to have solid foods, the infant needs to be offered **3 components** for ALL meals, **INCLUDING SNACKS** in order for the meals to be subject for reimbursement. Unlike the children's (1yr+) snacks, where the limit is 2 components, for infant snack menus there needs to be 3 components. Please refer to the infant meal pattern chart for the required serving size requirements.

Infant Menu Examples (for infants ready for solid foods)

- Breakfast: Infant Formula, Apple Sauce, Infant Cereal.
- Lunch: Infant Formula, Banana Puree, Chicken.
- PM Snack: Infant Formula, Carrot Puree, Crackers.

** If the infant is not ready for solid foods at 6 months, it is okay to just claim the formula/breast milk.

Infant Meal Pattern Chart & Infant Grains Guide

Infant meal pattern chart (please print & post in your kitchen): <u>http://</u> www.evergreencacfp.org/uploads/1725574022cacfp-infant-meal-pattern-(2024).pdf

Grains Guide for Infants (use to guide you on the serving size requirements for grains): <u>https://fns-prod.azureedge.us/sites/default/files/resource-files/</u> Feeding_Infants_Using_Ounce_Equivalents_for_Grains.pdf

Feeding Infants Guide: <u>https://fns-prod.azureedge.us/sites/default/files/resource-files/</u> FI_FullGuide_2021.pdf



2025-2026 ENROLLMENT

RENEWAL

As a reminder, the 2025-2026 annual enrollment renewal is coming soon! Please ensure to read our upcoming August newsletter for further instructions and check your emails consistently.

ONLINE MANDATORY ANNUAL TRAINING

It's that time of the year again. The annual MANDATORY workshop is coming. This year's annual training will be online. Check next month's newsletter for more details.

POLICY UPDATES

As a reminder, the following are policy updates in the CACFP and must be implemented by their effective date:

Nuts and Seeds (As of July 2024, Already Implemented): Allows nuts and seeds to credit for the full meats/meat alternates component in all meals, removing the 50 percent crediting limit for nuts and seeds at breakfast, lunch, and supper. The USDA expects this change to provide more menu planning options for program operators.

Added Sugars (As of October 1, 2025): Breakfast cereals must contain no more than 6 grams of added sugars per dry ounce (instead of total sugars) and yogurt must contain no more than 12 grams of added sugars per 6 ounces). The current total sugar limits (no more than 23 grams of total sugars per 6 ounces for yogurt and no more than 6 grams of total sugars per dry ounce for breakfast cereals) are still in effect until September 30, 2025.

Meal modifications (As of October 1, 2025): Along with State licensed healthcare professionals, USDA is authorizing registered dietitians (RD) to sign medical statements for CACFP meal modifications on behalf of participants with disabilities that restricts their diet. Additionally, the update distinguishes between disability and non-disability requests more clearly and encourages institutions and facilities to meet participants' non-disability dietary preferences when planning and preparing CACFP meals.

Further training will be provided during the mandatory annual training in September.

NUTRITION EDUCATION SERIES: HEALTHIER CHOICES MADE EASIER



Summer is almost over and school is approaching faster than expected. End the summer with some healthful tips to kick off the new school year for your daycare children. Here are some Tips for daycare providers with school-age children.

1. Make half your plates fruits and vegetables-on a budget.

- Fresh, frozen, and canned fruits and vegetables are all smart choices. Look for sales and buy some of each to last until your next shopping trip.
- b. Choose frozen vegetables that do not have added fat, salt or sugars.
- c. Look for canned vegetables that say "No added salt."

2. Start every day the whole-grain way.

- a. Serve whole-grain version of cereal, bread or pancakes for breakfast.
- b. Whole grains with more fiber will help your kids feel fuller longer so they stay alert in school.
- c. Choose foods with "100% whole wheat" or "100% whole grains" on the label. OR check the ingredient list to see if the word "whole" is before the 1st ingredient (i.e. whole-wheat flour). If it is, its whole grain.

3. Milk Matters

Children of every age and adults too, need the calcium, protein and vitamin D found in milk for strong bones, teeth, and muscles.

- a. Drink fat-free or low-fat 1% at meals (meal pattern requirement)
- b. If you're lactose intolerant, try lactose-free or lactose reduced 1% or fat free milk.

Source: (<u>http://teamnutrition.usda.gov</u>)

Happy Birthday

ergreen Providers!

Nicole Austin Rachel Beard Maria Caniz Angela Conley Anait Dagesian Olivia Gonzalez Ollie Mae Goosby Maria Gutierrez Angelica Gutierrez Sona Hovsepyan Fidencia Jimenez Anna Kashnanyan Sun JaLee Leslie Lopez Naira Meliksetyan Ayaz Nabiyev Viktor Pastukhov Jazmin Ramirez Nely Salazar Natacha Valentin Su Yoo

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(1) mail: U.S. Department of Agriculture

Office of the Assistant Secretary for Civil Rights

1400 Independence Avenue, SW

Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; or

(3) email: program.intake@usda.gov.



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